

## HOW TO CREATE YOUR HAND PAINTED STENCIL

How to produce a hand-painted stencil by hand onto a screen without any toxic photo emulsion

1. Draw your design onto a piece of white paper to use as a guide.



2. Reverse the image by either tracing the reverse side of the paper or by putting it in photoshop.



3. Place the design under the screen – TIP: make sure the design and the screen aren't touching.



4. Trace the image using a brush, or for thinner lines use the nib on the bottle. Making sure to make the application is evenly applied. The thicker the medium, the longer the drying time.



5. Once you have finished this step leave to dry for approximately one hour or alternatively you can speed up the drying process with a fan heater or hairdryer.

6. Once the Resist Medium has dried thoroughly, you can now use the Block Out Medium with a squeegee to apply use one pass to spread a good layer across the screen. Make sure you have covered the whole screen.



7. Leave to dry for 48 hours - do not force dry

8. When the block out medium is dry - wash the screen with cold water on both sides, to remove your resist medium leaving your image in the negative on the screen.



9. Once again leave the screen to dry naturally – this is important – the Block Out Medium may take up some water – so it is imperative you leave the screen to dry again completely

10. You are now ready to screen print your design on to fabric, canvas, or wood.



11. When finished printing use cold water to wash the ink out – do this before the ink has a chance to set in the screen (and so it is easy and quick to remove) and work reasonably quickly so as not to give the block out a chance to start to become soluble - as you need to be careful to not wash out the block out at the same time as the ink! – the block out should not start to dissolve for quite some time however if it does make sure all the ink is removed and then remove from water and put in a warm dry place to dry the block out again – do not use again until the block out is completely dry. Avoid rubbing the block out while washing out the ink – use a soft cloth but do not use brushes etc which will be more aggressive and more likely to remove the block out.



12. Once you are done with the design and wish to remove the block out Medium -use hot water and rub liquid soap into the block out and leave for 10 minutes to soak then use a soft brush to clean the block out out of the screen.